



# ST. JAMES THE APOSTLE

## CATHOLIC CHURCH

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### **Guidelines for Choosing Your Confirmation Saint**

As you prepare to receive the Sacrament of Confirmation you must choose a Confirmation Saint as your patron/patroness. At your Confirmation you will be confirmed using this name. The Saint you choose should reflect a devotion you have to the Saint, virtues or gifts to which you aspire, or the patron Saint of certain gifts that are special to you.

1. First, read and learn about several saints and their lives before making your choice.
2. Pray about the saint you are considering.
3. Clear your selection of a saint with your catechist prior to writing your report

### **Guidelines for the Saint Presentation**

1. Oral presentations on the Saints will be given during class on November 10 & 12.
2. Students will not write or read from a written report. You may use note cards to help guide your presentation - but should not read directly from them.
3. The oral presentation should be given thoughtfully and professionally
4. You must be able to share with your peers a basic summary of the life of the saint. The following questions can be used to guide your research on the saint:
  - ❖ When and where was your saint born? Did s/he make a significant move to another location later on?
  - ❖ What sort of obstacles did your saint encounter?
  - ❖ When and how did this saint die?
  - ❖ What is your saint the patron/patroness of?
  - ❖ What miracles are attributed to your saint?
  - ❖ What attributes did this saint have that are needed in the world today?
5. The presentation must also explain WHY you chose this saint. Here are some questions to consider responding to:
  - ❖ What virtues or qualities does this saint have that you admire?
  - ❖ Do you and your saint have any similarities?
  - ❖ Are there other saints who were devoted to your patron saint?
  - ❖ Is your saint the patron/patroness of something that matters to you?
  - ❖ How can this saint help you live your life as a confirmed Catholic?
6. You may also choose to share powerful or well-known quotes from your saint.