



Food for Body and Soul

There seems to be much anxiety these days surrounding food, even in societies where food is plentiful and starvation is rare. A number of years ago, a deli in the Chicago area was the focus of much attention when several thousand people claimed to be ill because of food served from the deli's catering service. There are food scares: salmonella, listeria and the usual concerns about fat, cholesterol and sodium. Food, essential for life and meant to be enjoyed, becomes instead a threat, causing discomfort and at times, sickness. When food is scarce, finding enough to eat becomes a great responsibility.

In the Scriptures, food is mentioned quite often. In the Garden of Eden, food symbolized wisdom and temptation. In the desert, food symbolized God's care for His people. The Passover meal was a commemoration of rescue from slavery. In the New Testament, Jesus is frequently shown eating. Having a meal with Martha and Mary shows Jesus relaxing with friends. Eating with Zacchaeus, Jesus shows His regard for people often overlooked. His dining with tax collectors and sinners is a statement of who the Son of Man came to save. In the miracle of the loaves and fish, food is a sign of blessing and abundance.

Jesus brings together much of the symbolism associated with food. As in the desert of old, food represents God's provision for people. Food represents deliverance, and Jesus' concern for those often overlooked by others. Food also points to those the Son of Man came to save. In the taking of the bread, the blessing, breaking and distributing, food points to the sacrifice of Jesus, and His presence in the Eucharist.

Let us remember then that when anxious about food, when hungry, when in any kind of need, we can think about the Lord and how He provides, and that we in turn, are to provide the same for others in His name.

Father David

Capital Campaign Update

As of July 31, we have collected \$134,571.00 for our Capital Campaign. Our goal is \$250,000, so we have passed the 50% mark, but have a ways to go. I thank all those who have supported the campaign thus far and ask those who have not yet responded to prayerfully consider what you are able to give to this important campaign to ensure that our buildings are beautiful and worthy of the many things we do in the parish complex. Thank you!

Fr. David